



***EAT, LOVE, and PRAY:***  
***Living diversity in Indonesia***  
**(a short course in Universitas Pendidikan Indonesia)**  
**16 – 28 January 2023**

**Terms of References  
&  
Application Guidelines**

## **Rationale**

Although none of the 17 Sustainable Development Goals (SDGs) focuses specifically on culture, the outcome of the Agenda makes references to cultural aspects. For example, the third target of Quality Education is to promote global citizenship and the appreciation of cultural diversity and of culture's contribution to sustainable development. In addition, as highlighted in the goal of Sustainable Cities and Communities, world's cultural and natural heritage should be protected and safeguarded.

In efforts to promoting and fostering global citizens who are aware and appreciate cultural diversity and heritage, Universitas Pendidikan Indonesia (UPI) offers a short course on Indonesian cultural diversity. As a multi-ethnic nation, Indonesia takes a pride on its national motto of *Bhinneka Tunggal Ika* (Unity in Diversity). Indonesians believe that differences make them united and stronger. Since its independence in 1945, Indonesia has been living harmoniously amidst differences of ethnic cultural backgrounds. Despite global influences which have gained more popularity among Indonesian youth, Indonesian society today still regards local cultures as an integral part of their life. Besides maintaining religious attitude, Indonesians are also striving to safeguard their traditions, such as arts and cuisines.

Bandung is an example of such cities where it is easy to find diverse of Indonesian cultural heritage. Hence, UPI welcomes international students to experience, learn and enjoy Indonesian cuisines, traditional arts, and religions through a program called *Eat, Love, and Pray: living diversity in Indonesia*.

## **Participants**

This short course is organized for international students who are interested in learning Indonesian culture. More specifically, UPI welcomes students who are:

- interested in cross-cultural understanding
- willing to study hybrid (online and on site) during the program
- thinking of studying in Indonesia
- interested in improving their English
- willing to work in team
- nominated by UPI's partner university

## **The Program**

The program comprises of

- Online lectures provided by Indonesian experts from UPI
- On site workshops and activities on Indonesian cuisines, traditional arts, and religions
- A cultural program that introduces Sundanese culture as the predominant culture of Bandung where UPI is located.

### Program Committee and Experts

No	Name	Position
1	Ahmad Bukhori Muslim	Director of Directorate of International Affairs (DIA) UPI, professor of educational linguistics (steering committee)
2	Nia Nafisah	Head of International Program Development DIA, assistant professor at English Language and Literature Study Program (committee chair)
3	Widhiyanti Tuszie	Head Section for International Collaboration DIA, assistant professor at Chemistry Education Study Program (committee secretary)
4	Elly Malihah	Guest lecturer on Indonesian contemporary social context, professor of Sociology, Universitas Pendidikan Indonesia
5	Heni Komalasari	Guest lecturer on Indonesian dance, associate professor, Dance Education Study Program
6	Yan Gahinsah	Guest lecturer on Indonesian music, professional musician, KABUMI
7	Yulia Rahmawati	Guest lecturer on Indonesian cuisine, associate professor, Culinary Arts Education Study Program
8	Intan Pratidina Dewi	Contact person, DIA UPI (committee)
9	Siti Nurzihan Nabilla	Contact person, DIA UPI (committee)

### Program Schedule and Itinerary

This program is designed as a dual-mode, two-week program. The first week is conducted online in which the student-participants listen to lectures from UPI's professors about Indonesian contemporary society and culture. Each course lasts for 90 minutes, from 3:30 – 5:00 PM (Indonesian Time). The second week is conducted on site in which the student-participants come to Bandung and stay for six nights. During the onsite mode, they are going to have workshops and games on Indonesian, more specifically Sundanese, culture.

Day	Activities (online)	Activities
1 – Mon Jan 16 (3:30 – 5:00 p.m.)	<ul style="list-style-type: none"> <li>- Opening</li> <li>- Overview of the program</li> <li>- Introduction to Indonesia</li> </ul>	Participants learn about Indonesian history and geography in brief Assignment: writing a short essay about the reason for joining the program.
2 – Tue Jan 17 (3:30 – 5:00 p.m.)	<ul style="list-style-type: none"> <li>- Contemporary Social Context of Indonesia</li> </ul>	Participants learn about social issues and trends in Indonesia
3 – Wed Jan 18 (3:30 – 5:00 p.m.)	<ul style="list-style-type: none"> <li>- Religious Diversity in Indonesia</li> </ul>	Participants learn about religious diversity in Indonesia
4 – Thu Jan 19 (3:30 – 5:00 p.m.)	<ul style="list-style-type: none"> <li>- Revitalizing Traditional Arts</li> </ul>	Participants learn about Sundanese (one of predominant ethnic group in Indonesia) music and dance Assignment: making video performing the song learned
5 – Fri Jan 20 (3:30 – 5:00 p.m.)	Introduction to Indonesian Culinary	Participants learn about Indonesian cuisine, more specifically Sundanese cuisine.

Day	Activities (on site)	Activities
1 – Sun Jan 22	Arrival in Bandung (via Jakarta)	Participants check in at the hotel nearby UPI campus
2 – Mon Jan 23	<ol style="list-style-type: none"> <li>1. Opening ceremony</li> <li>2. Campus Tour, Museum of Education</li> </ol>	<ol style="list-style-type: none"> <li>1. Participants are welcomed by UPI; Introduction of the participants; Group orientation; Photo sessions</li> <li>2. Participants take a campus tour</li> </ol>

3 – Tue Jan 24	Bandung Tour – Amazing Race	Participants go on Bandung tour in which they have games about religious diversity, traditional arts, and cuisine.
4 – Wed Jan 25	Traditional Games	Participants play Indonesian traditional games
5 – Thu Jan 26	Playing Angklung and Making Batik	Participants learn to play Sundanese traditional musical instruments and experiencing making batik.
6 – Fri Jan 27	<ol style="list-style-type: none"> <li>1. Making Tumpeng</li> <li>2. Closing ceremony</li> </ol>	<ol style="list-style-type: none"> <li>1. Participants learn how to cook Tumpeng, a traditional food for special occasion.</li> <li>2. Participants display and enjoy their tumpeng at the closing ceremony</li> </ol>
7 – Sat Jan 28	Departure	Participants depart from Bandung to Soekarno-Hatta International Airport

### The program covers:

- Plane ticket is subsidized up to IDR 5,500,000 (US\$ 356)
- Accommodation in Travello Hotel nearby UPI (2 students per room)

### Application Guidelines

1. Application Requirements
  - Active undergraduate student, which is proven by copy of Student card and photo (3 cm x 4 cm)
  - A copy of passport
  - Sufficient English proficiency to be able to involve in discussions
  - Willing to learn and study about Indonesian culture
  - Interested in cross-cultural understanding
  - Nominated by UPI's partner university
2. Fees for Program Participation

Program fee: FREE

Accommodation: FREE

Airfare: waived up to IDR 5,500,000 (US\$ 356) incl. Visa on arrival IDR 500,000 (US\$32)
3. Application

Deadline of application: 30<sup>th</sup> December 2022

Submit application forms to <https://bit.ly/EatLovePrayUPI23>

4. Credit and certificates

Universitas Pendidikan Indonesia will issue certificates after the completion of the course. The certificates can be taken as credit transfer equal to 2 credit hours in Indonesian universities.

5. Others

The participants are requested to follow Indonesian rules and regulations.